

Lyrics to Singing for the Soul © 2008 Jan Phillips www.janphillips.com

The mnemonic device for this (the secret way to remember the lines) is that the order is O BEBOP.

I and the Mother are one,
Like the sky and the moon and sun
Like the ocean and stream,
Like the dreamer and dream,
I and the Mother are one.

I and the Mother Are One
Like the sky and the moon and sun
Like the blizzard and snow,
Like the river and flow
I and the Mother are one.

I and the Mother Are One
Like the sky and the moon and sun.
Like the earth and the sea,
Like the branch and the tree
I and the Mother are one.

I and the Mother are one,
Like the sky and the moon and sun,
Like the blanket and warm
Like the thunder and storm
I and the Mother are one.

I and the Mother are one,
Like the sky and the moon and sun,
Like the orchard and vine,
Like the grape and the wine,
I and the Mother are one.

I and the Mother are one,
Like the sky and the moon and sun,
Like the part and the whole
Like the body and soul,
I and the Mother are one.

Yemaya Assessu (YORUBA TRADITIONAL

Yemaya Assessu

Assessu yemaya

Yemaya olodo

Olodo yemaya

How could anyone ever tell you (written by Libby Roderick)

How could anyone ever tell you

You were anything less than beautiful

How could anyone ever tell you

You were less than whole

How could anyone fail to notice

that your loving is a miracle

How deeply you're connected to my soul

Heart of the Mother (words & music by Michael Stillwater)

I am one with the heart of the Mother

I am one with the heart of love

I am one with the heart of the father,

I am one with God.

Ave Maria, Kyrie

Ave Maria, Kyrie Eleison

Let me remember I am one,

let me Remember I am with you

Let me remember I am one

I am one with God.

Alphabet Mantra (by Jan Phillips)

Like the all in the oneness,_

Like the branch and the vine_

Like the call and the answer_

Like the drink and the wine__

Like the earth and the heavens_

Like the forest and trees_

Like the gate and the pathway

Like the hawk and the breeze_

Like the iris and petals_

Like the jewel and the mine_

Like the known and the knowing

Like the laugh and the line_

Like moonlight and darkness_

Like nowhere and near_

Like the oak and the acorn_

Like pain and the tear_

Like the quest and the seeker_

Like rain and the flower_

Like the sea and the islands_

Like time and the hour__

Like union and yearning_

Like the vision and view_

Like waves and the water

So I am to you.__

So I am to you, Love_

And you are to me_

We dwell in each other_

Like salt in the sea.__

O alleluia, o alleluia_ O alleluia, o alleluia.

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The Greatest Thing (music and 1st 3 verses written by Mark Pendergrass)

The greatest thing in all my life is **loving** you
The greatest thing in all my life is **knowing** you
The greatest thing in all my life is **servicing** you
The greatest thing in all my life is **sharing** you
The greatest thing in all my life is **seeing** you
The greatest thing in all this life is **BEING** you.

I Will Not Leave You Comfortless (words and music by Jan Phillips)

I will not leave you comfortless, I will not leave you alone

I am the air you breathe in, I'm the light of every star and every dawn.

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Holy Woman (words & music by Sydney Salt)

Holy woman, holy woman of God

Holy woman, holy woman, you are love **

We surrender in this moment and remember all we are

Holy woman, holy woman of God

Holy woman, holy woman of God

Holy woman, holy woman, you are grace

We surrender in this moment and remember all we are

Holy woman, holy woman of God

** love, grace, light, peace, etc.

In a Circle of Women (words & music by Sydney Salt)

In a circle of women, I am born again *

In a circle of women, I am home

Heal me now, together we heal each other

In a circle of woman, I am whole!

* you are born again, we are born again

O Come Round (words and music by Jan Phillips)

O come round, come round me, come round, come round, come round

O come round, come round me, come round, come round, come round.

O come joy, come round me..._

O come peace, come round me...._

O come love, come round me...._

O come friends, come round me..._

O come grace come round me ...

O come light come round me ...

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The earth is our mother

The earth is our mother, we must take care of her

The earth is our mother, we must take care of her

Hey yana, ho yana, hey yan, yan (2X)

Her sacred ground we walk upon

With every step we take (2X)

Chorus

The earth is our mother, she will take care of us

The earth is our mother, she will take care of us

Chorus

The earth is our mother, we must take care of her

The earth is our mother, we must take care of her

Chorus

Her sacred ground we walk upon

With every step we take (2X)

Chorus

The earth is our mother, she will take care of us

The earth is our mother, she will take care of us

Chorus

The earth is our mother, we must take care of her

The earth is our mother, we must take care of her

Chorus

My Body, My Temple (words and music by Jan Phillips)

My body, my temple, my palace,

My body, my vessel , my chalice

I thank you for being my home away from home

For giving me a chance to be on earth.

O Spirit, My wisdom, my wellspring,

My question, my answer, my knowing

With open arms and bended knee

I call you to my breast

Where you will find a holy place to rest.

I See Myself in You (by Jan Phillips)

I see myself in you, do you see your self in me?

I see myself in you, do you see your self in me?

I feel the joy in you, do you feel the joy in me?

I feel the joy in you, do you feel the joy in me?

I hear myself in you, do you hear yourself in me?

I hear myself in you, do you hear yourself in me?

I feel the pain in you, do you feel the pain in me?

I feel the pain in you, do you feel the pain in me?

I feel the love in you, do you feel the love in me?

I feel the love in you, do you feel the love in me?

I see the Light in you, do you see the Light in me?

I see the Light in you, do you see the Light in me?

I Won't Turn Back (written by Matt Jones)

Take this pain and give me freedom (3X)

I won't turn back, I won't turn back.

Take my arms, and hold them higher (3x)

Take my legs and make them stronger (3X)

Take my mind and make it clearer...

Take my thoughts and make them sharper...

Take my heart, and make it loving....

Let my eyes see all people...

Take this fear and give me courage...

I won't turn back, I won't turn back.

I'll Fly Away

Some bright morning, when this life is over--I'll fly away

To that home on God's celestial shore--I'll fly away

I'll fly away, oh glory--I'll fly away, in the morning

When I die, hallelujah by and by---I'll fly away

When the shadows of this life have gone--I'll fly away

Like a bird from these prison walls I'll fly

I'll fly away

I'll fly away, oh glory--I'll fly away, in the morning

When I die hallelujah by and by--I'll fly away

Oh how glad and happy when we meet

I'll fly away

No more cold iron shackles on my feet

I'll fly away

I'll fly away, oh glory I'll fly away, in the morning

When I die, hallelujah by and by...I'll fly away

Just a few more weary days and then

I'll fly away
To a land where joys will never end
I'll fly away
I'll fly away, oh glory...I'll fly away, in the morning
When I die, hallelujah by and by I'll fly away
I'll fly away.

We're a river of birds in migration

A nation of women with wings

We're a river of birds in migration

A nation of women with wings.